

CIRCULAR NO. 19
REGISTRATION FOR COVID-19 VACCINATION



Dear IEM Members,

The completion of phase one of the National Immunisation Programme, which involved immunizing 500,000 frontliners, particularly healthcare workers, is a stepping stone in achieving herd immunity. However, with the occurrence of numerous clusters, persistence of new cases detected being in the four-digits and existence of several Covid-19 variants in our midst, Malaysia hit the highest number of daily confirmed cases on 30 January 2021, with 5,728 confirmed cases recorded. In early May, the number of daily cases rose to the range of over 4,000 again.

Since the emergence of Covid-19, various efforts have been made around the world to develop the Covid-19 vaccine. Vaccines are one of the methods to control this pandemic and it is also one of the best ways to protect society from Covid-19. Malaysia has embarked on the journey to vaccinate the population since February 2021, but so far the response from the general public still leaves much to be desired.

As such, we would like to call upon IEM Members to register yourself and your dependents, disseminate the information and encourage those eligible around you to register as soon as possible.

Benefits of Vaccination

Vaccination protects not only the vaccinated persons, it ensures we do not contract the disease and pass on to surrounding people who are vulnerable, thus reducing the risk of diseases spreading among family members, colleagues, schoolmates, friends, neighbours and others in the community.

While there is still a low possibility of vaccinated persons getting infected, however those do get infected by Covid-19 after vaccination are experiencing very mild symptoms. Were they not vaccinated, they would have not only experienced much severe symptoms, the infection could have caused a fatal effect.

Vaccination Can Protect You from Covid-19

- ✓ Covid-19 may cause serious, life-threatening complications. Once a person is infected, there is a high chance of him spreading it to friends, family members, and others around him.
- ✓ The wearing of masks and physical distancing help reduce the chance of being exposed to the Coronavirus, but these measures are insufficient.
- ✓ Stopping the pandemic requires us utilizing all the instruments available.
- ✓ Vaccine will strengthen one's immune system and enable it to fight the Coronavirus.
- ✓ While Covid-19 vaccines were developed in a short span of time, strict processes and procedures remain in place to ensure their safety.
- ✓ With a higher percentage of the population getting vaccinated, we will be able to protect the more vulnerable segment of the society, such as senior citizens and those with chronic diseases from getting infected.
- ✓ All vaccines currently administered in Malaysia have been shown to be safe and effective at preventing Covid-19.
- ✓ All vaccines currently evaluated by the Government will be approved only if they are proven effective in reducing the probability of getting Covid-19 substantially.
- ✓ A growing body of evidence suggests that fully vaccinated people are less likely to be infected, and less likely to spread the Coronavirus.
- ✓ Based on the clinical trials, experts believe that vaccination helps to keep one from getting seriously ill in the unlikely case of contracting Covid-19 after vaccination.

Methods for Registration for Individuals and Dependents



Through the MySejahtera application



Hotline
(soon-to-be launched)



Outreach programme for rural and interior areas



Through the website
www.vaksinCovid.gov.my



Registration at public and private health facilities

* UPDATED: Hotline



1800-888-828

Side effects of the Covid-19 Vaccine

The side effects of the Covid-19 vaccine that have been reported are **mild and temporary**. The most commonly reported side effects are:

- Pain/swelling/ redness at the injection site
- Tiredness
- Headache
- Chills
- Joint pain
- Fever
- Nausea
- Feeling unwell
- Swelling of the lymph nodes
- Other side effects that may be reported from time to time

Infographics- What you should know on Covid-19 Vaccine

VACCINATION: WHAT YOU NEED TO KNOW

WHO SHOULD TAKE THE COVID-19 VACCINE


- Those 18 and above can be vaccinated
- Those with co-morbidities are at high risk of suffering from severe COVID-19 disease if infected
- Thus, those with co-morbidities should be vaccinated to protect themselves from suffering the effects of severe infection

* Co-morbidity is defined as a person who is suffering from two or more unrelated diseases/medical conditions simultaneously


VACCINATION IS ALSO SAFE AND RECOMMENDED...




After acute illness: Fever (2 weeks after recovery)



After receiving other vaccines (2 weeks after receiving vaccine)



For lactating mothers



For mild allergies sufferers: Food, medicine, insect bites (rashes, itchiness, swelling)



For HIV patients: Stable condition



Was infected with COVID-19 (3-6 months after recovery)


CONTRAINDICATION* TO VACCINATION

There are a few conditions that CONTRAINDICATE VACCINATION, which are:


- SEVERE ALLERGIES, ANAPHYLAXIS**, after receiving the first dose of COVID-19 vaccine (not to take the second dose)
- SEVERE ALLERGIES, ANAPHYLAXIS** to other vaccines, medications or other substances

Consult your doctor...

- If you have **ALLERGIES** and are **UNSURE** about the severity
- To **DISCUSS YOUR VACCINATION SCHEDULE** if you belong to one of the high-risk groups below:
 - BLOOD DISORDERS** including those receiving medication such as blood thinners
 - WEAKENED IMMUNE SYSTEM** due to diseases or medications:
 - Cancer patients currently undergoing treatment
 - Autoimmune diseases: SLE and rheumatoid arthritis on specialised medication
 - Receiving long-term **STEROIDS**
 - A contraindication is defined as a symptom or condition that renders a certain treatment risky to a patient



Diabetes: Type 1 or 2



Obesity: BMI >40 with obesity-related diseases




Hypertension/High blood pressure




Hypercholesterolemia




Heart disease including congenital heart disease, atrial fibrillation, coronary artery disease and heart failure




Lung disease: Asthma, Chronic obstructive pulmonary disease (COPD)



Cancer (treatment completed and disease stable)




Pregnancy with co-morbidities: Between 14-33 weeks



Chronic kidney disease: Stages 3-5, undergoing dialysis

FOR MORE INFORMATION, SCAN QR CODE.



vaksinovid.gov.my

Target groups for the 3 phases of vaccination and the estimated number of individuals to be vaccinated

PHASE 1 (February – April 2021)

Priority group 1
Frontliners comprising of public and private healthcare personnel

Priority group 2
Frontliners consisting of essential services*, defence and security personnel

* Will be updated from time to time by JKJAV

500,000
people

PHASE 2 (April – August 2021)

Priority group 1
Remainder of healthcare workers as well as those in essential services and defence and security personnel

Priority group 2
Senior citizens (those aged 60 and over), high-risk group with chronic diseases such as heart disease, obesity, diabetes and high blood pressure and people with disabilities (OKU)*

* The information will be reviewed periodically

9.4
million people

PHASE 3 (May 2021 – February 2022)

Priority group
Adult population aged 18 years and above (citizens & non-citizens)

Priority will be given to those in the red zones; followed by those in yellow zones and finally those in green zones

13.7
million people/more

Source: MOH

Why is the vaccination for those aged 18 years and above only?

Currently, clinical trials that have been conducted are for volunteers aged 18 and above. Several vaccine companies will be conducting clinical trials on children. As such, the Government will consider the use of the COVID-19 vaccine in children when there is scientific data that proves its effectiveness and safety to those in this age group.

Success of COVID-19 vaccinations in the world

Countries that have initiated COVID-19 vaccinations have shown positive developments such as a decline in new COVID-19 cases in their respective countries. For example, a country that has vaccinated 600,000 of its residents has reported that the effectiveness of its vaccination has shown a 94% reduction in COVID-19 infections, in the group.

Source: Thomson Reuters

LINDUNG DIRI, LINDUNG SEMUA.



SPECIAL COMMITTEE ON ENSURING ACCESS TO COVID-19 VACCINE SUPPLY (JKJAV)

MANUAL VACCINATION PROCESS

HOTLINE NUMBER 1800-888-828, **KLINIK KESIHATAN, OUTREACH PROGRAMME**

DOSE 1

REGISTRATION

- Hotline number 1800-888-828
- Klinik Kesihatan
- Outreach programme

Receive appointment date

Be present at the determined VAC

Temperature check & symptoms assessment

Registration of QR code & identity check

Consultation & authorisation form

Monitoring for COVID-19 Adverse Events Following Immunisation (AEFI)

Receive vaccination card

Observation for 30 minutes

Administration of injection & confirmation of acceptance of vaccine

DOSE 2

Receive appointment date

Be present at the determined VAC

Reminder about the 2nd dose

Temperature check & symptoms assessment

Registration of QR code & identity check

Update of vaccination card

Observation for 30 minutes

Administration of injection & confirmation of acceptance of vaccine


Be aware of any side effects / AEFI

There are three ways to report any side effects / AEFI:

- Inform the medical facility
- Use the MySejahtera app
- Through the NECA Consult@ site at www.npra.gov.my

For single dose vaccines, the vaccination process will end at step 6
*Subject to the type of vaccine
Vaccines Administration Centres (VAC)

FOR MORE INFORMATION, SCAN QR CODE.



vaksinovid.gov.my

Register for vaccination

Download the MySejahtera app

Click the COVID-19 vaccination button and follow the steps.
For more info, visit www.vaksinovid.gov.my

FOR FURTHER INQUIRIES



SCAN QR CODE



COVID-19 Vaccination

LINDUNG DIRI, LINDUNG SEMUA.



SPECIAL COMMITTEE ON ENSURING ACCESS TO COVID-19 VACCINE SUPPLY (JKJAV)

[VAKSINOVID.GOV.MY](http://vaksinovid.gov.my)

IEM will continue to keep our members updated on latest announcements from the government, ministries or government agencies related or affecting the engineering industry. Do keep a look out for our email blast or visit the IEM website at www.myiem.org.my under the tab 'RELATED TO ENGINEERING' or join our Telegram Channel to receive faster updates.

Scan this QR code to access IEM Official Website



Scan this QR code to access IEM
Official Website



[myiem_official](https://www.instagram.com/myiem_official)



[MyIEM HQ Official](https://t.me/MyIEMHQOfficial)

IEM had also launched our very own mobile app IEMGo on 15 April 2021 to improve communication with members. You may download IEMGo from the following platforms:



We hope that all our members would remain safe and healthy during this challenging time. We will keep you updated on any further information promptly.

Thank you.

#myIEMstaysafe
#myIEMstayhealthy
#iemstayhealthystaysafe

Special Committee on COVID-19
The Institution of Engineers, Malaysia
4th May 2021

##END##